Life Group / Reflection Questions

Talking through the message during the week helps you and your group turn what God is saying to you into action steps. Begin with the key questions, add in any optional scriptures and questions if needed, then wrap up by deciding on your next steps.

Main Idea: Couples that Have Fun Together, Stick Together. Fun is not a luxury in marriage. If you don't make time for fun, you may not have a marriage.

Key Questions:

- What's one idea from the message that really stood out to you? Why did this idea grab your attention?
- > Do a reality check: How would you evaluate the level of fun in your marriage?
- To get what you once had; you have to do what you once did. What fun and romantic things did you do early on in your relationship that you might need to start doing again?

Spend some time reading and discussing Ecclesiastes 9:9, Song of Solomon 4:1-3, and Song of Solomon 7:1-12.

- What are some of the things you most enjoy doing together in your marriage? How have your interests changed throughout you marriage?
- If you are struggling to have fun in your marriage, what's keeping you from having fun? What steps do you need to take to remove these barriers?
- What are some of the things that first attracted you to your spouse and caused you to fall in love with them?
- Share one of the most fun experiences you've had as a couple. What impact did this experience have on your marriage?

Next Steps: What's one thing you will do this week as a result of something you learned from this message?



From This Day Forward "Seek God"

Couples that Play Together Stay Together

Ecclesiastes 9:9 Enjoy life with the wife whom you love, all the days of your vain life that he has given you under the sun, because that is your portion in life and in your toil at which you toil under the sun.

The Hunt & Enticement Game

- **Guys:** Never give up the <u>hunt</u>, keep <u>pursuing</u> your wife!
- Ladies: Never give up enticing your husband, let him win with you!

The Hunt and enticement game before marriage is called <u>courtship</u> after marriage its called Romance.

- **Guys:** The win of the hunt is not <u>sex</u>, it is a <u>Godly Wife</u>.
- Ladies: The win of the hunt is not sex, it is a Godly Husband.

THREE TYPES OF FUN EVERY COUPLE MUST ENJOY

1. Face to Face

Song of Solomon 7:1-5

¹ How beautiful are your feet in sandals, O noble daughter! Your rounded thighs are like jewels, the work of a master hand. ² Your navel is a rounded bowl that never lacks mixed wine. Your belly is a heap of wheat, encircled with lilies. ³ Your two breasts are like two fawns, twins of a gazelle. ⁴ Your neck is like an ivory tower. Your eyes are pools in Heshbon, by the gate of Bath-rabbim. Your nose is like a tower of Lebanon, which looks toward Damascus. ⁵ Your head crowns you like Carmel, and your flowing locks are like purple; a king is held captive in the tresses.

> Daily Dialogue and Compliments Exercise

- What did you most enjoy about our relationship today?
- What was dissatisfying about our relationship today?
- O How can I be helpful to you?
- I most enjoy and value _____ about you?

2. Side by Side

Song of Solomon 7: 10-11

10 I belong to my beloved, and his desire is for me. 11 Come, my beloved, let us go to the countryside, let us spend the night in the villages.

2 times when men are most likely to open up:

- 1) When he's doing something with you he enjoys.
- 2) Right after he's done something with you he enjoys.
- Exercise: Pick a Date: Schedule a consistent time on a weekly / monthly basis where each of you will trade off picking a date.

3. Belly-Button to Belly Button

Song of Solomon 7:11-12

10 I belong to my beloved, and his desire is for me.

11 Come, my beloved, let us go to the countryside, let us spend the night in the villages. 12 Let us go early to the vineyards to see if the vines have budded, if their blossoms have opened, and if the pomegranates are in bloom—there I will give you my love.

Proverbs 5:18-19

¹⁸ Let your fountain be blessed, and rejoice in the wife of your youth, ¹⁹ a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love.

- God created Marriage to be an Alliance of Intimacy
- Exercise: 30 day Challenge