

Life Group /Reflection Questions

How to use Talk It Over:

Talking through the message during the week helps you and your group turn what God is saying to you into action steps. Begin with the key questions, add any optional scriptures and questions if needed, and then wrap up by deciding on your next steps.

Main Idea:

To have a healthy marriage, couples must strive for both inward and outward purity.

Key Questions:

- *What's one idea from the message that really stood out to you? Why did this idea grab your attention?*
- *If there is one area of vulnerability that could compromise your purity, what would it be?*
- *Do you have a plan to stay pure? What are some specific things you are doing or need to do to seek and maintain purity in your marriage?*

Scripture Reading:

With your Bible read and discuss Hebrews 13:4, Ephesians 5:3, 1 Corinthians 10:13, and Psalm 119:9-11.

- *Do a reality check: Is seeking purity a priority in your marriage? Why or why not?*
- *What are some of the most common types of impurities you've seen try to filter into your marriage?*
- *There are two types of purity we must strive for: outward purity, which is our behavior, and inward purity, which involves our heart.*
- *What outward or inward changes do you need to make to ensure you live a life of purity?*
- *Describe a time when you dealt with impurity. How did you deal with it and what did you learn from your experience?*

Next Steps:

- *What's one thing you will do this week as a result of something you learned from this message?*



STAY PURE

March 22nd, 2015

FROM THIS DAY FORWARD

FIVE COMMITMENTS TO FAIL PROOF YOUR MARRIAGE

From This Day Forward “Stay Pure”

If you don't have a plan to stay pure, you will fall into impurity

Hebrews 13:4 (ESV) *Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.*

Luke 12:2 (ESV) *Nothing is covered up that will not be revealed, or hidden that will not be known.*

Why is impurity increasing in marriage?

1. More temptations today than in the past
2. People are getting married later
3. Growing Sense of Entitlement

INWARD PURITY & OUTWARD PURITY

Outward Purity: My Behavior

Ephesians 5:3 (NIV) ³ *But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people*

➤ Identify impurity in your life

Proverbs 5:8 *Keep your way far from her, and do not go near the door of her house*

➤ Stay away from it

➤ **1 Corinthians 6:18**

¹⁸ *Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. ¹⁹ Or do you not know that your body is a temple of the Holy Spirit **within you**, whom you have from God? You are not your own, ²⁰ for you were bought with a price. So glorify God in your body.*

➤ Flee from it

INWARD PURITY: MY HEART

Psalms 119:9-11 (ESV) ⁹ *How can a young man keep his way pure? By guarding it according to your word. ¹⁰ With my whole heart I seek you; let me not wander from your commandments! ¹¹ I have stored up your word in my heart, that I might not sin against you.*

Matthew 5:28 (ESV) *But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.*

THREE RESPONSES TO IMPURITY

1. Defensiveness

2. Remorse

2 Corinthians 7:10 (ESV) *Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.*

3. Repentance

1 John 1:9 (ESV) ⁹ *If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. ¹⁰ If we say we have not sinned, we make him a liar, and his word is not in us.*

James 5:16 (ESV) ¹⁶ *Therefore, confess your sins to one another and pray for one another, that you may be healed.*