

Life Group Study Guide: Loved what you heard on Sunday? Want to go deeper? The life group study guide will help you unpack what you heard on Sunday, while diving deeper into God's word.

Connect:

Have you ever experienced a natural disaster? (Fire, earthquake, tornado, hurricane) Share with your group.

Digging Deeper:

Read Psalm 46

- *What is your initial response to this passage of scripture? What stands out to you? What questions or insights do you have?*

- *Many biblical scholars believe Psalm 46 was written by King Hezekiah during the invasion of King Sennacherib of Assyria (2 Kings 18-19) How does the context bring to life Psalm 46?*

- *How is God described in Psalm 46? Why does it matter that we know the character of God?*

- *What has God promised to do according to Psalm 46? How do the promised actions of God bring you encouragement?*

- *Why do you think the Psalm changes to the first person in verse 10? What is God calling us to do in light of who He is and what He has promise to do?*

Make It Personal:

- *How has God been your refuge and strength, a very present help in trouble?*

- *What voices are loudest right now in your life? How do you manage the voices that dwell within you?*

- *On Sunday, we discovered three truths from Psalm 46. Review those three truths. Which one do you find most impactful for you personally?*

- *What does God mean by "be still" in Psalm 46:10? How easy do you find it is for you to be still, and know that He is God?*

- *Twice in Psalm 46 the psalmist declares, "The God of Jacob is our fortress." What does this mean? How might we live this truth out in our own lives?*

- *In the sermon, Pastor Jason made the point, "Your life will always move in the direction of your strongest thoughts." How have you seen this to be true? What have your thoughts been centered on this past year? How have you seen God's word shape your thoughts during the past year?*

- *What is one take away or action that you have gained from this week's sermon, life group, or personal study?*