

Life Group Study Guide: Loved what you heard on Sunday?
Want to go deeper? The life group study guide will help you unpack what you heard on Sunday while diving deeper into God's word.

1. *In our relationships, we have a tendency to judge others by their actions, and ourselves based off of our intentions. When was the last time you experienced this personally?*
2. *What was the last compliment you received? How did it make you feel? What was the last compliment you gave? How did it make you feel?*
3. *What insight, observation, or principle from this weekend's message did you find most helpful, insightful, or troubling? Explain.*

In Song of Solomon Chapter 7, we find Solomon and his Shulamite wife in a maturing season of marriage. The initial flame and passion of their newlywed days are behind them; yet their love and desire for one another is still burning hot.

- *As a group, spend some time reading through Song of Solomon 7:1-8:4. Write down any observations, questions, important insights you gain from reading the text.*
- *Most relationships have a tendency to start out hot, and slowly simmer over time. What relationships do you currently have that have stood the test of time? What made these relationships last?*

- *Words can have a powerful affect on our relationships. An encouraging word can strengthen the relationship, while a negative word can weaken it. How does Solomon use his words to strengthen his relationship with his wife?*
- *Read Proverbs 18:21, James 3:5-8, 1 Thessalonians 5:11. What do these passages of scripture have to say about our words and how we use them in our relationships?*
- *In most relationships our good intentions are often far greater than our actions. Why do you think it is so hard to place our good intentions into action? Read James 4:17. What does it say about placing our good intentions into action?*
- *For your relationships to be successful, you must close the gap between good intentions and actions. What specific commitment do you need to make and keep? Speak your commitment publicly and ask your life group to hold you accountable and pray for you!*

Digging Deeper

On Sunday, Pastor Jason presented three principles to reignite the fire of any relationship. (See Notes) Of the three opportunities we discussed, which do you need to apply? Do you need to "say it," "do it," or "be it?" Discuss and give specifics.

- *Is there something that God has placed on your heart that you need to say?*
- *Is there something special that you have thought of doing that you need to do?*
- *Is there someplace in your life where you want to be different, that you need to start being different?*

‘JUST DO IT!’

Song of Solomon 7:1-8:4

Sunday, March 5, 2017

IN RELATIONSHIPS, WE GENERALLY JUDGE...

- ❖ OTHERS BY THEIR ACTIONS.
- ❖ OURSELVES BY OUR INTENTIONS.

CLOSING THE GAP BETWEEN INTENTIONS & ACTIONS

1. IF YOU THINK SOMETHING GOOD, SAY IT.

Song of Solomon 7:1-4 (ESV) *How beautiful are your feet in sandals, O noble daughter! Your rounded thighs are like jewels, the work of a master hand. ² Your navel is a rounded bowl that never lacks mixed wine. Your belly is a heap of wheat, encircled with lilies. ³ Your two breasts are like two fawns, twins of a gazelle. ⁴ Your neck is like an ivory tower. Your eyes are pools in Heshbon, by the gate of Bath-rabbim. Your nose is like a tower of Lebanon, which looks toward Damascus.*

- ❖ SPEAK WORDS OF ADMIRATION, AFFECTION, AND AFFIRMATION.

Proverbs 18:21 (NIV) *The tongue has the power of life and death...*

- ❖ WHEN YOU DON'T TELL THEM SOMETHING GOOD, THEY GENERALLY ASSUME SOMETHING BAD.

Song of Solomon 7:5-10 (ESV) *Your head crowns you like Carmel, and your flowing locks are like purple; a king is held captive in the tresses. ⁶ How beautiful and pleasant you are, O loved one, with all your delights! ⁷ Your stature is like a palm tree, and your breasts are like its clusters. ⁸ I say I will climb the palm tree and lay hold of its fruit. Oh may your breasts be like clusters of the vine, and the scent of your breath like apples, ⁹ and your mouth like the best wine. ¹⁰ I am my beloved's, and his desire is for me.*

2. IF YOU THINK SOMETHING SPECIAL, DO IT.

- ❖ PURPOSEFUL TIME

Song of Solomon 7:11-12 (ESV) *Come, my beloved, let us go out into the fields and lodge in the villages; ¹² let us go out early to the vineyards and see whether the vines have budded, whether the grape blossoms have opened and the pomegranates are in bloom. There I will give you my love.*

- ❖ THOUGHTFUL ACTS

Song of Solomon 7:13 (ESV) *The mandrakes give forth fragrance, and beside our doors are all choice fruits, new as well as old, which I have laid up for you, O my beloved.*

3. IF YOU WANT SOMETHING DIFFERENT, BE IT.

Song of Solomon 8:1-4 (ESV) *Oh that you were like a brother to me who nursed at my mother's breasts! If I found you outside, I would kiss you, and none would despise me. ² I would lead you and bring you into the house of my mother— she who used to teach me. I would give you spiced wine to drink, the juice of my pomegranate. ³ His left hand is under my head, and his right hand embraces me! ⁴ I adjure you, O daughters of Jerusalem, that you not stir up or awaken love until it pleases.*