

**8. Tell Someone**

*James 5:16*

**9. Run Away**

*1 Corinthians 6:18*

**10. Rely on the Power of the Holy Spirit**

*Matthew 19:26, Galatians 5:16*

**Life Group / Reflection Questions**

**Read It:**

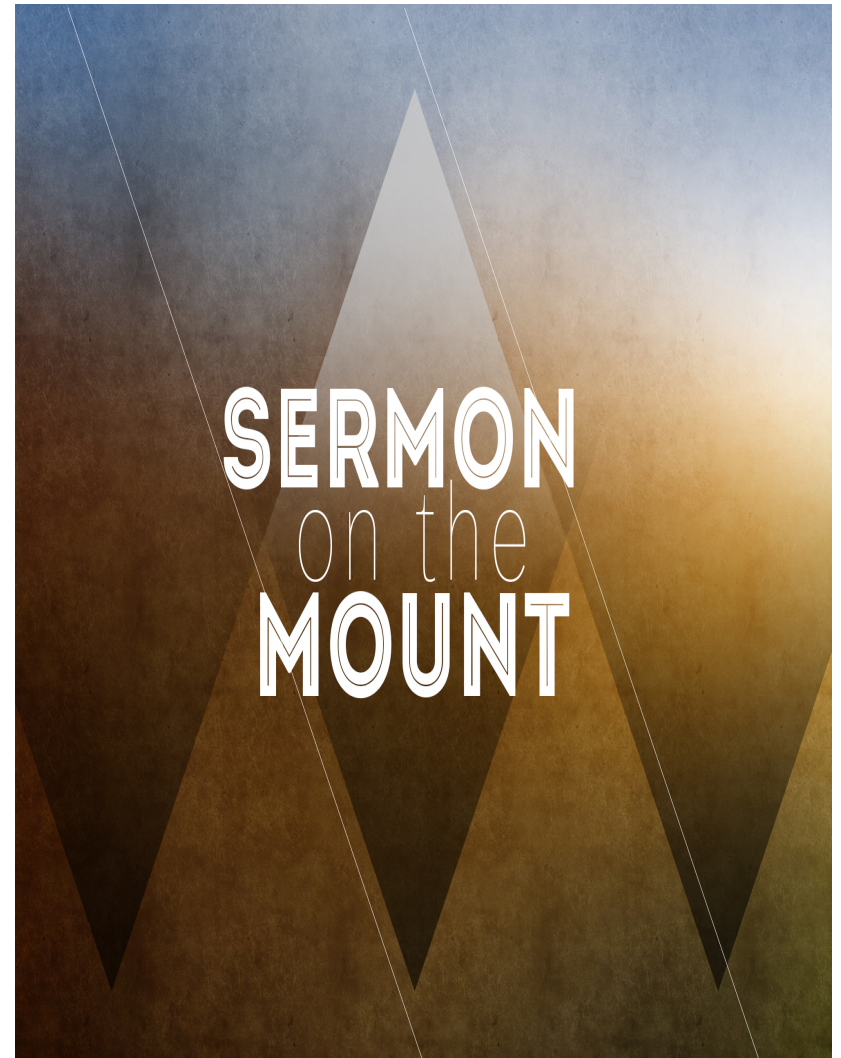
*Spend some time in prayer. Ask God to open your heart to become more like his. Spend a few minutes reading over Matthew 5:28-30. What is God speaking to you from these verses?*

**Study It:**

- *What is God's heart behind calling humanity to not commit adultery?*
- *Why do you think purity is so important to God? Do you hold purity as important for your life personally?*
- *What is lust? How does our world respond to lust? In what ways is lust displayed in our culture?*
- *What is purity? How does our world respond to purity? In what ways is purity displayed in our culture?*
- *What did Jesus mean by Matthew 5:29-30? Should we take this literally or figuratively?*
- *What steps have you taken to fight for purity in your own life?*
- *Look at the list of 10 ways to fight for purity. Of these 10 which ones have made a difference in your fight for purity?*

**Do it:**

- *From this week's Sermon and Life Group discussion what is one step you will take to obey this passage of scripture?*



**Sunday May 7<sup>th</sup>, 2015**  
***"Fighting for Purity"***  
**Matthew 5:27-30**

**Sermon on the Mount  
"Fighting For Purity"  
MATTHEW 5:28-30**

**Sermon on the Mount is an invitation into Jesus' Kingdom:**

- *A Society where Jesus is King and we are not*
- *A Society where its citizens imitate and reflect the heart of Jesus*

**Matthew 5:27-28**

*<sup>27</sup> "You have heard that it was said, 'You shall not commit adultery.' <sup>28</sup> But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.*

**The Heart of Jesus is for us to live Pure Lives**

**Why is purity so important to Jesus?**

**1. A Pure Heart enables us to see God**

*Matthew 5:8 "Blessed are the pure in heart, for they shall see God.*

**2. A Pure Heart impacts the lives of others**

*Matthew 5:13, 13 "You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored?... <sup>14</sup> "You are the light of the world. A city set on a hill cannot be hidden.*

**3. A Pure Heart is leads us to true life and freedom**

*John 4:13-14 Everyone who drinks of this water will be thirsty again, <sup>14</sup> but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life."*

**Matthew 5:29-30**

*<sup>29</sup> If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell. <sup>30</sup> And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.*

**We must fight for Purity:**

***A fight without a plan we will get you knocked out***

**10 Ways to Fight for Purity**

**1. Set an Alarm**

*John 10:10, 1 Corinthians 6:19*

**2. Recognize your Vulnerable**

*Matthew 26:41, Proverbs 5:8*

**3. Guard your Input**

*Proverbs 4:23*

**4. Dress Thoughtfully**

*1 Timothy 2:9-10*

**5. Watch your Circumstances**

*1 Peter 5:8*

**6. Think Consequences**

*Matthew 24: 43*

**7. Satisfy Each other in marriage**

*Proverbs 5:15-20*