5. Confront your façade

 Mark 2:17 "Those who are well have no need of a physician, but those who are sick. I came not to call the righteous, but sinners."

John 21:15-17 ¹⁵ When they had finished eating, Jesus said to Simon Peter, "Simon son of John, do you love me more than these?" "Yes, Lord," he said, "you know that I love you." Jesus said, "Feed my lambs." ¹⁶ Again Jesus said, "Simon son of John, do you love me?" He answered, "Yes, Lord, you know that I love you." Jesus said, "Take care of my sheep." ¹⁷ The third time he said to him, "Simon son of John, do you love me?" Peter was hurt because Jesus asked him the third time, "Do you love me?" He said, "Lord, you know all things; you know that I love you." Jesus said, "Feed my sheep."

Life Group / Reflection Questions:

- What is the rooster's crow that set's off guilty feelings inside of you?
- Many of us are prisoners to two or three experiences in our past. What are those experiences for you?
- Who do you need to forgive in order to be free to follow Jesus? Who do you need to ask to forgive you?
- Assuming you are a follower of Jesus, I 'm sure you understand that He has given you His righteousness in exchange for your sin. But would you say that you really feel tat the transaction has happened and live as if it's true? Why or why not?
- If you could see Jesus face to face and ask him to recommission you, freeing you from your guilt and freeing you to follow him, what would you say to him?

(UN) STUCK



Sunday Feb. 8th Unstuck

"Breaking Free From The Cage of Guilt"

Unstuck Breaking Free From The Cage of Guilt

The Cage of Guilt: Guilt Conditions our souls to Resist Grace

True Guilt: The Holy Spirit's Conviction concerning <u>un-confessed</u> sin that leads us leads towards grace.

- John 16:8, 1 John 1:9
- ➢ Sin + Grace = Gratitude

False Guilt: Satan's Conviction concerning <u>confessed</u> sin that leads us away from grace.

- 1 Peter 5:8. Revelation 12:10
- ➤ Sin Grace = Guilt

God's answer for our Guilt: Grace

How to accept and experince the Grace of God for our sin:

1. React to your sin like a Christian

1 John 1:9 *If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness*

- <u>Confess</u> your sin
- Acknowledge your sin <u>damages</u> your relationships with God and others
- Experince Healing

Peter's Denial of Jesus ~ Luke 22:54-62 ... ⁶¹ And the Lord turned and looked at Peter. And Peter remembered the saying of the Lord, how he had said to him, "Before the rooster crows today, you will deny me three times." ⁶² And he went out and wept bitterly.

2. Resist the Temptation to <u>Hide</u>

John 21:3-8 ³ Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing. ⁴ Just as day was breaking, Jesus stood on the shore; yet the disciples did not know that it was Jesus. ⁵ Jesus said to them, "Children, do you have any fish?" They answered him, "No." ⁶ He said to them, "Cast the net on the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in, because of the quantity of fish. ⁷ That disciple whom Jesus loved therefore said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on his outer garment, for he was stripped for work, and threw himself into the sea. ⁸ The other disciples came in the boat, dragging the net full of fish, for they were not far from the land, but about a hundred yards off.

Genesis 3:8-10

3. Accept that Jesus has <u>destroyed</u> all evidence against you

John 18:10-11 ¹⁰ Then Simon Peter, who had a sword, drew it and struck the high priest's servant, cutting off his right ear. (The servant's name was Malchus.) ¹¹ Jesus commanded Peter, "Put your sword away! ... And he touched the man's ear and healed him. **(Luke 22:51)**

• **2 Corinthians 5:21 (ESV)** God made him who had no sin to be sin for us, so that in him we might become the righteousness of God

4. Give Grace

Matthew 6:15. Colossians 3:13

Luke 22:31-32

³¹ "Simon, Simon, behold, Satan demanded to have you, that he might sift you like wheat, ³² but I have prayed for you that your faith may not fail. And when you have turned again, strengthen your brothers."

 If you want to impact someone's life with God's grace, love them when they least <u>expect</u> and least <u>deserve</u> it.